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## The Shelter Island 10K Celebrates its 35th Year with 2014 Boston Marathon Winner and Olympic Silver Medalist Meb Keflezighi

### PRESS RELEASES

By Long Island News & PRs Published: April 23 2014

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**New York, NY - April 23, 2014** - The 35th Annual [Shelter Island Run 10K](#), to be held on June 21, 2014, is proud to announce that the 2014 Boston Marathon winner and Olympic Silver Medalist [Meb Keflezighi](#) will be competing in this year's race. Meb is the first American male to win the Boston Marathon in 31 years.



The race has a long history of attracting elite runners from all over the world, including Simon Ndirangu and Malika Mejdou. The addition of 38-year old American Olympic long-distance runner, Mebrahtom "Meb" Keflezighi, to the race is certain to entice a large number of runners to compete. Meb is the 2009 NYC Marathon winner, the 2004 Olympic Marathon Silver Medalist and finished 4th place in the 2012 Olympic Marathon. Meb will speak at the Shelter Island High School attended by local students and members of the East End Track Teams, as well as, attend the pre-race pasta party and post-race events.

Sitting between the South and North forks of Long Island, the [Shelter Island 10K](#) has been touted as

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